



38<sup>TH</sup> ANNUAL BOWDON FOUNDERS DAY ROAD RACE REGISTRATION FORM

5K RUN/WALK & 1 MILE FUN RUN

SATURDAY, AUGUST 4, 2018

STARTING TIMES: 5K – 7:30 AM ~ FUN RUN: 8:30 AM (Approximate)

SAME-DAY REGISTRATION BEGINS AT 6AM IN THE PARKING LOT OF THE OLD BOWDON PRIMARY SCHOOL (ADJACENT TO THE STARTING LINE) ON EAST COLLEGE STREET

5K AWARDS: 1<sup>st</sup> Overall Male and Female, Male and Female Master, Male and Female Grand Master PLUS age group awards (shown below)

5K Age Groups (top 3 in each age group will receive awards): 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 and 75 and over

1 MILE AWARDS: 1<sup>st</sup> Overall Male and Female Finishers and age group awards (below)

1 Mile Age Groups: 10 and under, 11-15 (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place male and female awards in each group)

5K cost is \$25 for pre-registration and \$30 for same day registration

(Early registration ends August 1, 2018)

Fun Run cost is \$15 for pre-registration or same day registration

Early registration is encouraged to avoid long lines and to reserve a t-shirt the day of the race. Each participant must wear a number on the front of his or her shirt. Early and same-day registrants may pick up their numbers at the registration tent on the morning of the race. Timing is chip timing and results will be emailed out to runners who provide a valid email address.

Return registration form (below) and payment in the form of check or money order to:

Bowdon Founders Day Race, P.O. Box 303, Bowdon, GA 30108

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GENDER: \_\_\_\_\_

Event:  5K  1Mile

(5K runners can also run the 1 Mile race)

T-SHIRT SIZE: Youth:  SM  LG

\*T-shirts will be given out to same-day registrants on a first come, first serve basis while supplies last.

Adult:  SM  MED  LG  XL  XXL

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ EMAIL: \_\_\_\_\_

Waiver (MUST BE SIGNED): In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors or hosts of the Bowdon Founders Day 5K Road Race and 1 Mile Fun Run for injury or illness which may directly or indirectly result from my participation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian Name (if under 18): \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For more information, please visit our Facebook page at <https://www.facebook.com/bowdonfoundersday5k>.